# BEHAVIOUR MANAGEMENT IN CHILDREN

For

## COURSE WORKBOOK

Childcare Providers, Daycare Operators, Crèche Managers, Nursery Owners and anyone interested in setting up a Childcare Business.

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Kiddies Lounge Childcare Academy

# COURSE CONTENT

Introduction

Lesson 1: Understanding Misbehaviour

Lesson 2: Developmentally Appropriate Behavioural Expectations

Lesson 3: Create the Right Environment.

Lesson 4: Managing Severe and Challenging Misbehaviour

Lesson 5: Procedures which are unacceptable for managing severe Misbehaviour.

Conclusion

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# LESSON 1:

# UNDERSTANDING MISBEHAVIOUR

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# LESSON 2:

# DEVELOPMENTALLY APPROPRIATE BEHAVIOURAL EXPECTATIONS

**BEHAVIOUR EXPECTATIONS: INFANTS**

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## BEHAVIOUR EXPECTATIONS: TODDLERS

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# SELF-EVALUATION WORKSHEET

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| 1. Are my expectations for toddlers appropriate or are they too high? |
| 2. Are they experiencing consistency and routine throughout each day? Do my daily schedule and routines provide them a sense of security by knowing what will come next? |
| 3. Is the environment structured so they can freely move about and explore? |
| 4. Are there any "hands off" areas that need to be modified for their safety and exploration? |
| 5. What is the noise level? Is it too loud? Can it be modified? |
| 6. Are my expectations for them to sit or be still for periods of time appropriate? |
| 7. Are there plenty of toys and materials available? Or do they have to share and struggle with a few? |
| 8. Do you have enough childcare providers and teachers in your toddler rooms to meet the individual needs of the children? |

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# LESSON 3:

# CREATE THE RIGHT ENVIRONMENT

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# LESSON 4:

# MANAGING SEVERE AND CHALLENGING BEHAVIOUR

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# BEHAVIOUR GUIDANCE WORKSHEET

Child's Name:_____

Date of Birth:_____Age:_____Sex:_____

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| Child's Strength (What the child does well) |
| Describe the problem (Specific behaviour) |
| What is the desired behaviour for the child? |
| Changes to the environment to modify the behaviour:<br><br>1.<br><br>2.<br><br>3. |
| Positive Communication to reinforce good behaviour (Praise, smile, special activity, time with the caregiver etc)<br><br>1.<br><br>2.<br><br>3. |

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| Appropriate Choices the child could be given:<br><br>1.<br><br>2.<br><br>3. |
| Consequences that may occur:<br><br>1.<br><br>2.<br><br>3. |
| Plan of Action:<br><br>Childcare Provider will:<br><br>Parents will: |
| Start date of Plan:<br><br>Evaluation Date:<br><br>Other things to try: |

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# LESSON 5:

# PROCEDURES WHICH ARE UNACCEPTABLE FOR MANAGING A CHILD'S SEVERE MISBEHAVIOR

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